

Rest and Peace with Jesus

“Come to me, all you who are weary and burdened, and I will give you rest.”
(Matthew 11:28)

“How could my needs and problems be solved just by receiving peace?” This was the question in the hearts of our new friends who were gathered with us for Bible study. We had good time sharing the Good News about Jesus Christ, the Son of God who through Him we received eternal life. Jesus came down from heaven to save man from sin and death; He was crucified on the cross taking the punishment of our sins and paying the price instead of us.

As our group discussion proceeded to the reading of the Bible and studying the Word of God, we come across the passage of the woman who has been bleeding for the last 12 years of her life. (Please read Luke 8:42-48 from your Bible) This woman had already gone to many doctors spending all her money, but she did not get any healing until the time that she decided to go to the Lord Jesus. She struggled through the big crowd around Jesus and wished to touch His garment so she would be healed. The woman had tried everything, spent everything she had but failed to gain what she need. What was left with her was her faith in Jesus. Indeed, the faith of this woman qualified her to receive healing from the Lord; as she touched Jesus, power came out from Him and healed the body of the woman. Then Jesus said to her, ***“Daughter, your faith has healed you, go in peace.”***

Here, we sat down and pondered upon the words of the Lord Jesus Christ:

- 1) ***Your faith has healed you:*** The Lord Jesus has the power, for He Himself is God: ***“He is the image of the invisible God, the first born over all creation.”*** (Colossians 1:15) And indeed He can heal every sickness; He can deal with every situation and can solve any problem. But before we go to Him we must have faith to believe that He is the Christ, the Saviour from above. Firstly, faith in Jesus brings us to salvation. Jesus is the only way to reach God-the Father in heaven as He declared, ***“I am the way and the truth and the life. No-one comes to the Father except through me.”*** (John 14:6) Secondly, as we receive Jesus in our hearts we have the assurance that we are spared from the eternal fire that is set for the wicked, for those who do not believe in His name. As we believe in Jesus we have the assurance of salvation and we have no doubt that we will enter heaven. And thirdly, through our faith in Jesus He will give us the strength and the power to overcome the world. As Jesus rose from the dead and became alive again we have the hope to live with Him forever, so we will not be shaken from the anxieties and worries of this world. The presence of Jesus in our hearts will shield us and protect us and heal us from over-thinking, and will take away the pressures of unpleasant thoughts and irritating notions from our minds.
- 2) ***Go in peace:*** The presence of Jesus in our hearts will give us real peace; the true peace that every man seeks from different directions. There are many figures

apart from Jesus that promise to give peace, but from them we receive only wars that rage in our hearts. Only in Jesus we have the true peace. Peace will not come into a person’s life because he is rich. Actually many of the rich people do not enjoy life. On the contrary, what they have as wealth is the cause of their troubles. We may receive wealth or treasures and other material things like jobs, accommodations, and pleasures from people around us, but Jesus is peculiar in giving us one gift that no other can give. The Lord Jesus promised: ***“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”*** (John 14:27)

Jesus is God who not only can solve problems, but deals with all aspects of the situation; He is all-knowing God and He is all-powerful. We ought to be confident in Him and let us trust all what He has spoken to us. God’s word says, ***“Do not be anxious about anything but in everything, by prayer and petition, with thanksgiving, present your requests to God.”*** (Philippians 4:6) So, whatever the problem that we are in and whatever the need we have, we just need to present our request to Him; we hand over to Him the whole situation and He will take over. After we do that we receive from Him the peace as the word of God promised, ***“And the peace of God, which transcends all understanding, will guard your heart and your minds in Christ Jesus.”*** (Philippians 4:7)

Truly Jesus said, ***“Come to me all you who are weary and burdened and I will give you rest.”*** But how will our needs and problems be solved by receiving rest and peace from Jesus Christ? How our material and financial needs can be solved by peace? When we are in trouble the fear and the anxiety in our hearts is far bigger than the problem itself, and what we need primarily is real peace to overcome and complete rest to be healed; without rest and peace with Jesus, small problem and simple sickness can overtake us.

In many circumstances as we present our request to God we are seeing the situation from one direction only. But the All-knowing God He is seeing the problem from all directions, and whatever thing we think is bad the All-powerful God can turn it for our good. There are many occasions that we look to the problem in the way how we are going to solve it with our weak and limited ways but we forget what the Lord Jesus said, ***“What is impossible with men is possible with God.”*** (Luke 18:27) As the Lord declared, ***“For my thoughts are not your thoughts, neither are your ways my ways”*** (Isaiah 55:8)

My dear and beloved: King David who is a king and we might think he had everything, yet he prayed to God and said, ***“Even though I walk through the valley of the shadow of the death, I will fear no evil, for you are with me; Your rod and Your staff they comfort me.”*** (Psalm 24:4) Let us go back to Jesus the King of Peace. Let us trust and follow the word of God that we may find grace and peace and rest in life.

My Prayer: *“Father God, thank you for sending your Son Jesus Christ who died on the cross for my sin. Now, I receive eternal life and a place in heaven where I will live forever. Give me greater faith to come to You, Lord. I present to You my requests and I know I will receive peace and rest, for You are faithful and You will do as you promised. Thank You, Lord. This is my prayer in Jesus’ name, Amen.”*